

PRE-CONFERENCE ACTIVITIES

Tuesday, July 17

5:00 PM – 6:00 PM *Conference hall*

Exhibitor set up (exhibitor set up may continue after 7 PM)

6:00 PM – 7:00 PM *Sheraton Philadelphia Society Hill Hotel*

Welcome reception for exhibitors

DAY 1

Wednesday, July 18

7:00 AM – 7:45 AM *Cook Room*

Guided yoga with Transformation Yoga

7:15 AM – 8:15 AM

Breakfast (Bromley-Claypoole Room) and registration (hotel lobby)

8:15 AM – 8:30 AM *Society Hill Ballroom*

Day 1 opening remarks

8:30 AM – 10:00 AM (KEYNOTE SPEAKER) *Society Hill Ballroom*

Mindfulness Self-Care Strategies Using Rhythm and Sound for the Non-Musician, Jim Donovan, M.Ed.

10:00 AM – 10:30 AM

Break/exhibit hall open

10:30 AM – 12:00 PM

Session A // Cook Room – *What You Need to Know About Internet Addiction*, Hilarie Cash, Ph.D., LMHC

Session B // Flower Room – *Supporting Siblings of Children with Autism Spectrum Disorders and Substance Addiction*, Sharon Jurman

Session C // Reynolds Room – *Brain Injury Clients in a Behavioral Health Setting*, Natasha McVey, MSS, LCSW, CBIS

Session D // Shippen Room – *Intentional Friendship as a Means for Suicide Prevention and Recovery Growth*, Donald Altemus, MS, CPS

12:00 PM – 1:00 PM

Lunch (Bromley-Claypoole Room) and Alcoholics Anonymous meeting (Flower Room)

1:00 PM – 2:30 PM

Session A // Cook Room – *The Tangled Web of Trafficking, Prostitution, and Substance Abuse*, Renée Calhoun, LMFT, CAADC, CCDPD, CTTS

Session B // Flower Room – *The Addicted Brain*, Laura Leahy, DrNP, APRN, PMH-CNS/FNP, CARN-AP, FAANP

Session C // Reynolds Room – *Effective Interventions for Survivors of Historical Trauma*, Ashley Easley, M.S.Ed., M.Phil.Ed., LPC

Session D // Shippen Room – *An Integrated Approach to Treatment of Co-Occurring Eating Disorders and Substance Abuse*, Patricia Allen, DNP, MSN, PMHNP-BC

2:30 PM – 3:00 PM

Break/exhibit hall open

3:00 PM – 4:30 PM

Session A // Cook Room – *Reconstructing Family Dynamics in Addiction Treatment**, Sam Bierman, CAP, ICADC, CNDAI

Session B // Flower Room – *Complex Issues in the Treatment of Opiate Addiction During Pregnancy*, Julia Hodgson, PsyD, MEd, BCB

Session C // Reynolds Room – *Eating for Your Mental Health*, Molly Stanton, MS

Session D // Shippen Room – *Coming Out of Crisis: Keys to Unlocking Trauma*, Erica Yatsuk

8:00 PM – 10:00 PM *Society Hill Ballroom*

"The Accidental Club" – free musical open to all attendees and sponsors!

DAY 2

Thursday, July 19

7:00 AM – 7:45 AM *Cook Room*

Guided yoga with Transformation Yoga

7:15 AM – 8:15 AM

Breakfast (Bromley-Claypoole Room) and registration (hotel lobby)

8:15 AM – 8:30 AM *Society Hill Ballroom*

Day 2 opening remarks

8:30 AM – 10:00 AM (KEYNOTE SPEAKER) *Society Hill Ballroom*

Kick Perfect to the Curb: Identifying and Treating Eating Disorders and Co-Occurring Illnesses, Molly McShane, MD, MPH

10:00 AM – 10:30 AM

Break and exhibit hall open

10:30 AM – 12:00 PM

Session A // Cook Room – *Switching Addictions: Other Compulsive Behaviors*, Tisherra Diec, CAADC, CCPG, ICADC & Chris Vigna, MS, LPC, CAADC

Session B // Flower Room – *Integrating the Needs of Transgender Youth in Substance Abuse and Mental Health Treatment Settings*, Luke Allen, MA, PLPC & Russell Healy, DSW

Session C // Reynolds Room – *Millennial Mental Health: An Integrated Approach to Treatment for “Emerging” Adults*, Tom Fowler, Psy.D.

Session D // Shippen Room – *Practical Applications of Using DBT Working with Clients Seeking Recovery from Eating Disorders*, Shannon Hays, LPC, NCC, CAADC, DBTC

12:00 PM – 1:00 PM

Lunch (Bromley-Claypoole Room) and Alcoholics Anonymous meeting (Flower Room)

1:00 PM – 2:30 PM

Session A // Cook Room – *Trauma and Addiction: Providing In-Depth, Meaningful Treatment and Avoiding Common Missteps within the Clinical Approach*, Jessie Alexander, LPC

Session B // Flower Room – *Treating Addiction in the Couple's Relationship*, Brynn Cicippio, LMFT, CAADC

Session C // Reynolds Room – *Integrated Substance Abuse Treatment: The Changing Face of Addiction**, Payal Bassi Kakaria, BSN, RN & Tom Fowler, Psy.D.

Session D // Shippen Room – *Managing Compassion Fatigue: The Ethical Responsibility of Self Care and Developing Skills for Resilience (Part 1)*, Amy Buehrer, LSW, MSW & Kathy Coleman, MSW, LCSW, ACSW, CAADC

2:30 PM – 3:00 PM

Break/exhibit hall open

3:00 PM – 4:30 PM

Session A // Cook Room – *Young Adult & MAT: A Blessing or a Curse?*, Chad Husted, LPC

Session B // Flower Room – *Acceptance Commitment Therapy (ACT) and the Treatment of Veterans with Addiction*, Joseph A. Troncale, MD, DFASAM

Session C // Reynolds Room – *"Readiness" Is When the Client Says So: PACT, Integrated Dual Disorder Treatment and the "Whole-Person" Power of Community Integration Approaches*, Ross Ellenhorn, MSW, Ph.D.

Session D // Shippen Room – *Managing Compassion Fatigue: The Ethical Responsibility of Self Care and Developing Skills for Resilience (Part 2)*, Amy Buehrer, LSW, MSW & Kathy Coleman, MSW, LCSW, ACSW, CAADC

DAY 3

Friday, July 20

7:15 AM – 8:15 AM

Breakfast (Bromley-Claypoole Room) and registration (hotel lobby)

8:30 AM – 9:00 AM *Society Hill Ballroom*

Closing remarks

9:00 AM – 10:30 AM

Session A // Cook Room – *Discover What Drives You**, Cheryl Raudenbush, CPBA, CPMA

Session B // Ballroom E – *Trauma and Addiction Treatment In-Action: Sociometry, Psychodrama, and the Therapeutic Spiral Model*, Scott Giacomucci, MSS, LCSW, CTTS, CET III, CP, PAT & Lori Budman, MSS, LSW

Session C // Ballroom B – *Making the Mind-Body Connection in the Behavioral Health Setting to Support Healing & Recovery**, Nancy Boland, MS, CHWC, PES, RYT

Session D // Ballroom A – *Cooking Therapy: The Experiential Therapy You and Your Clients Will Love*, Debra Borden, LCSW

10:30 AM – 11:00 AM

Break/exhibit hall open

11:00 AM – 12:30 PM

Session A // Ballroom E – *Holistic Self-Care for Clinicians*, Ricardo Horn, LMSW & Jennifer Allen, LPC

Session B // Ballroom B – *The Tao, A Recipe for Balancing Life: Applying Principles of the Tao to Family Systems and Movement to Self-Regulate Emotional Distress and Trauma**, Ray Blume, LMFT, APM

Session C // Cook Room – *Strategic Disengagement (Better Known as Humor Therapy & Laughter Wellness) For You AND Your Client**, Noreen Braman

Session D // Ballroom A – *The Body, Trauma and Eating Disorders: Using Embodied Journaling as a Way to Heal*, Heidi Dalzell, PsyD, CEDS

*NBCC continuing education credits will not be offered for these sessions.